HELLO NEW SCHOOL YEAR!

**MONDAY**
- Biscuits & Gravy
- French Toast Sticks
- Ham & Cheese Gabatta Melt
- Salisbury Steak with Gravy & Roll

**TUESDAY**
- Breakfast Sausage Pizza
- Waffles & Syrup
- Chicken Tenders & Roll
- Jerk Chicken Sandwich

**WEDNESDAY**
- Cheesy Sausage Scramble with Tater Bites & Toast
- Chicken Strips w/Swiss Cheese & Gravy
- Beef Lasagna & Breadstick
- Ranch Chicken Club Sandwich

**THURSDAY**
- Egg & Cheese Bagel Melt
- Grilled Banana Donut
- Fried Rice & Egg Roll
- Turkey & Cheese Sub

**FRIDAY**
- Chicken Sandwich
- PB&J Sandwich
- Ham, Turkey, & Cheese Wrap
- PB&J Sandwich

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**BREAKFAST**
- Student: FREE
- Adult: $2.00
- Reduced: 40¢

**LUNCH**
- Elementary (PK-5): FREE
- Middle/HS School: $2.20
- Reduced: 40¢
- Adult: $3.35

*À la Carte item prices are posted at the schools.

This institution is an equal opportunity provider.

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**SIDES:** (Items rotate daily, availability based on seasonality)
- Apple
- Applesauce
- Baby Carrots
- Banana
- Broccoli/half or steamed
- Cabbage
- Carrots/mashed
- Celery sticks
- Collard Greens/steamed
- Cucumber & Tomato Salad
- Cucumbers/sliced
- French Fries
- Fresh Fruit Salad
- Fruit Mix Cup
- Golden Corn
- Green Bean
- Kickin’ Pizza Beans
- Mandarin Oranges
- Mashed Potato
- Orange
- Orange/Glazed Carrots
- Peaches/diced
- Pears/half or sliced
- Red Pepper Strips
- Side Salad
- Spinach/steamed
- Sweet Potato Fries
- Tater Bites
- Tomato/wedges
- Veggie Baked Beans
- Yellow Squash/steamed
- Zucchini/half, steamed or roasted

**DRINKS:**
- Apple Juice
- Fruit Blend Juice
- Grape Juice
- Orange Juice
- 1% Milk
- Chocolate Milk
- Skim Strawberry Milk

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**THE LUNCH PROGRAM**
- The "Offer Vs Serve" Lunch Program was designed by the federal government to eliminate food waste. This program requires each student (K–12th grade) to choose at least 3 of the 5 components each day. Their choices must include 1 fruit and/or vegetable and at least two more of the items offered. We encourage them to take all five items each day. Lunch serving consists of:
  - Entrée (meat/meat/alternates)
  - Fruits, vegetables, grains/breads, assortment of low-fat milk.