

2018/2019 is going to be a GREAT Year!

The Roscoe Collegiate ISD School Nutrition Staff looks forward to serving your student nutritious, great-tasting menus that support their achievements in school and promote healthy lifestyles.

We offer a variety of meal choices with one goal in mind: *to provide outstanding service and high quality “kid-friendly” meals that meet or exceed the latest federal and state requirements.*

Our menus are designed to ensure that students receive a balanced meal, consisting of foods from all the major food groups in the right proportions to meet calorie and other nutrient needs. In addition our nutrition education programs encourage students’ development of healthy lifestyle habits and communicate the basics of good nutrition.

Throughout the school year, our Elementary school nutrition mascot, ACE and his friends, share the *Stay Healthy* wellness message through a monthly program. This year’s theme is **Chef ACE!** Each month, ACE and his elementary friends will provide students with exciting educational information about fruits and vegetables. Including a healthy message on the importance of good nutrition and exercise.



The **FUEL** program features monthly menu specials, developed by our chefs and nutritionists, to generate excitement by introducing new recipes or putting new twists on popular favorites. Designed for Middle and High School students, FUEL combats menu fatigue and reinforces the connection between healthy, flavorful meals and performance at school.

We look forward to working with you to ensure all of our students are healthy and ready to learn every day. For more information about our menus and programs, please visit www.roscoe.esc14.net and find our “Menus” link under the QUICKLINKS menu.

To learn more about healthy school meals visit www.fns.usda.gov

Thank you,

Naomi Whitby-Brown

Naomi Whitby-Brown, Director
Roscoe School Nutrition

Roscoe Collegiate ISD Student Nutrition Policies

All cafeterias have a computerized Point-Of-Sale (POS) system and all students are allowed to place money in their account at anytime for á la carte items and/or additional servings of meals.



- How to put money in your child's account:** Roscoe Collegiate ISD uses a computerized meal accounting system called **MySchoolBucks** through the district web site. Under the QUICKLINKS menu click the link for “MySchoolBucks” and follow the instructions. You will need your child's Student ID# to set up an account. You may check your student's account balance from the previous day for free, or you may add money to one or more your accounts at anytime in the system. Account deposits made before 7:00AM are available for same day use. A service fee of \$2.49 will be added to online payments.
- How to send money:** Our cafeterias also accept payments for lunch in person or sent ahead in the morning. If sending money for the account, please include the following information with the payment, either on an envelope for cash or on the bottom left hand corner of a check: Student(s) name, teacher/grade level. If you have students on different campuses, you will need to send cash or a check to EACH school.
- How á la carte items work:** Your child may purchase á la carte items with cash or the cost can be deducted from their account. The following is a sampling of á la carte items offered at the elementary level:
Baked Chips • Bottled Water • Fresh Fruit
Ice Cream • Milk • Fruit Juice
*Some items listed on the daily menu may be purchased á la carte.
Á la carte/Snack Bar items are not allowed to be charged.
No charges for items will be accepted.*
- Your child's account can be customized to meet any specific instructions that you may designate by sending a letter to your school's cafeteria manager. You might designate one of the following examples:
 - Your child may only purchase bottled water or juice.
 - Your child may only purchase snacks on Fridays.
 - Your child not be allowed to purchase any snacks.If you do not wish for your child to participate in the á la carte program, you may send a letter to your cafeteria manager and your instructions will be noted on your child's account.
- Roscoe CISD allows for students to charge one meal. If a student needs to charge a second time, they will receive a meal of the lowest cost. They will continue to receive this meal until their account is current.
Thank you for your cooperation in this matter.
- We welcome parents, grandparents, etc. . . to join their child for breakfast and lunch.

Printouts of student activity may be obtained from the cafeteria or the food service office.



ROSCOE

-BACK TO SCHOOL-

August 9–September 21, 2018

In accordance with Federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, the USDA, its Agencies, offices, and employees, and institutions participating in or administering USDA programs are prohibited from discriminating based on race, color, national origin, sex, disability, age, or reprisal or retaliation for prior civil rights activity in any program or activity conducted or funded by USDA. Persons with disabilities who require alternative means of communication for program information (e.g. Braille, large print, audiotape, American Sign Language, etc.), should contact the Agency (State or local) where they applied for benefits. Individuals who are deaf, hard of hearing or have speech disabilities may contact the Department of Agriculture—September 29, 2017 Determining Eligibility 4.41 contact USDA through the Federal Relay Service at (800) 877-8339. Additionally, program information may be made available in languages other than English.

To file a program complaint of discrimination, complete the USDA Program Discrimination Complaint Form, (AD-3027) found online at: http://www.ascr.usda.gov/complaint_filing_cust.html, and at any USDA office, or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call (866) 632-9992. Submit your completed form or letter to USDA by: (1) mail: U.S. Department of Agriculture, Office of the Assistant Secretary for Civil Rights, 1400 Independence Avenue, SW, Washington, D.C. 20250-9410; (2) fax: (202) 690-7442; or (3) email: program.intake@usda.gov | This institution is an equal opportunity provider.