

2018/2019 is going to be a GREAT Year!

The Roscoe Collegiate ISD School Nutrition Staff looks forward to serving your student nutritious, great-tasting menus that support their achievements in school and promote healthy lifestyles.

We offer a variety of meal choices with one goal in mind: **to provide outstanding service and high quality "kid-friendly" meals that meet or exceed the latest federal and state requirements.**

Our menus are designed to ensure that students receive a balanced meal, consisting of foods from all the major food groups in the right proportions to meet calorie and other nutrient needs. In addition our nutrition education programs encourage students' development of healthy lifestyle habits and communicate the basics of good nutrition.

Throughout the school year, the **FUEL** program features monthly menu specials, developed by our chefs and nutritionists, to generate excitement by introducing new recipes or putting new twists on popular favorites. Designed for Middle and High School students, FUEL combats menu fatigue and reinforces the connection between healthy, flavorful meals and performance at school.



NEW this year is the addition of Made-to-Order Bar featuring a different cuisine each day for High School. All regular menu items on the calendar are available, plus the MTOB menu allowing HS students an additional choice each day. Menu items on the MTOB are also covered in the regular lunch pricing if a student chooses the entrée, the accompanying side items and drink. These items are also available as á la carte for students that may want to add to their lunch.

We look forward to working with you to ensure all of our students are healthy and ready to learn every day. For more information about our menus and programs, please visit www.roscoe.esc14.net and find our "Menus" link under the QUICKLINKS menu.

To learn more about healthy school meals visit www.fns.usda.gov

Thank you,

Naomi Whitby-Brown

Naomi Whitby-Brown, Director
Roscoe School Nutrition

Roscoe Collegiate ISD Student Nutrition Policies

All cafeterias have a computerized Point-Of-Sale (POS) system and all students are allowed to place money in their account at anytime for á la carte items and/or additional servings of meals.



- 1. How to put money in your child's account:**
Roscoe Collegiate ISD uses a computerized meal accounting system called **MySchoolBucks** through the district web site. Under the QUICKLINKS menu click the link for "MySchoolBucks" and follow the instructions. You will need your child's Student ID# to set up an account. You may check your student's account balance from the previous day for free, or you may add money to one or more your accounts at anytime in the system. Account deposits made before 7:00AM are available for same day use. A service fee of \$2.49 will be added to online payments.
- 2. How to send money:** Our cafeterias also accept payments for lunch in person or sent ahead in the morning. If sending money for the account, please include the following information with the payment, either on an envelope for cash or on the bottom left hand corner of a check: Student(s) name, teacher/grade level. If you have students on different campuses, you will need to send cash or a check to EACH school.
- 3. How á la carte items work:** Your child may purchase á la carte items with cash or the cost can be deducted from their account. The following is a sampling of á la carte items offered at the elementary level:
Baked Chips • Bottled Water • Fresh Fruit
Ice Cream • Milk • Fruit Juice
*Some items listed on the daily menu may be purchased á la carte.
Á la carte/Snack Bar items are not allowed to be charged.
No charges for items will be accepted.*
- 4. Your child's account can be customized to meet any specific instructions that you may designate by sending a letter to your school's cafeteria manager. You might designate one of the following examples:**
 - Your child may only purchase bottled water or juice.
 - Your child may only purchase snacks on Fridays.
 - Your child not be allowed to purchase any snacks.

If you do not wish for your child to participate in the á la carte program, you may send a letter to your cafeteria manager and your instructions will be noted on your child's account.
- 5. Roscoe CISD allows for students to charge one meal. If a student needs to charge a second time, they will receive a meal of the lowest cost. They will continue to receive this meal until their account is current.**

Thank you for your cooperation in this matter.
- 6. We welcome parents, grandparents, etc. . . to join their child for breakfast and lunch.**

Printouts of student activity may be obtained from the cafeteria or the food service office.



HIGH SCHOOL -BACK TO SCHOOL- August 9-September 21, 2018

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