



middle & high school

Menu is subject to change without notice and is based on availability and seasonality of food items. Breakfast items are listed in purple italics. Lunch entrée choices are listed below in bold type. Every meal includes choice of milk. All side items are listed below the calendar and rotate throughout the week.



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<i>Biscuits & Gravy</i> <i>Cinnamon French Toast</i> GRILL DAY! Corn Dog	<i>Waffles & Syrup</i> <i>Breakfast Sausage Pizza</i> <i>Baked Potato Bar</i> Chicken Tenders & Roll	<i>Sausage & Cheese Scrambled Eggs & Tater Bites</i> <i>Cheese-Stuffed Breadstick</i> GRILL DAY! Beef Lasagna & Garlic Toast	<i>Strawberry Splash Pancakes</i> <i>Egg, Sausage & Cheese Sandwich</i> <i>Taco/Nacho Bar</i> Ham & Cheese Sub	<i>Muffin</i> <i>Country Chicken Biscuit</i> PIZZA DAY Chili Cheese Dog
<i>Apple Frudel</i> <i>Egg & Cheese Biscuit Melt</i> GRILL DAY! Chicken Alfredo Penne & Breadstick	<i>Cinnamon Roll</i> <i>Sausage Kolache</i> MASHED Potato Bar Breaded Chicken Sandwich	<i>Cheesy Omelet & Tater Bites</i> <i>Breakfast Sausage Pizza</i> GRILL DAY! Chicken Fajita Quesadilla	<i>Muffin & Yogurt</i> <i>Egg, Ham & Cheese Pancake Griddle Sandwich</i> <i>Taco/Nacho Bar</i> Chicken Fried Steak Sandwich	<i>Cinnamon French Toast</i> <i>Country Chicken Biscuit</i> PIZZA DAY Sloppy Joe
<i>Egg, Ham & Cheese Burrito</i> <i>Maple Pancake Sausage</i> <i>Wrap on a stick</i> GRILL DAY! Pizza Maxx Sticks & Marinara	<i>Bfast Sausage Quesadilla</i> <i>Sausage Kolache</i> <i>Baked Potato Bar</i> Southwest Meatloaf w/Gravy & Roll	<i>Sausage & Cheese Biscuit Melt</i> <i>Cherry Frudel</i> GRILL DAY! Grilled Cheese	<i>Vanilla Glazed Donut</i> <i>Sausage Breakfast Pizza</i> <i>Taco/Nacho Bar</i> Chicken Drumstick & Roll	<i>Maple Burst Pancakes</i> <i>Egg & Cheese Biscuit Melt</i> PIZZA DAY Chili Fries & Roll
<i>Sausage & Cheese Frittata</i> <i>Country Chicken Biscuit</i> GRILL DAY! Chicken Nuggets & Roll	<i>Vanilla Glazed Donut</i> <i>Egg, Sausage & Cheese Sandwich</i> MASHED Potato Bar Meatball Sub	<i>Egg, Ham & Cheese Burrito</i> <i>Breakfast Sausage Pizza</i> GRILL DAY! Chicken Parmesan & Spaghetti w/Marinara & Breadstick	<i>CinnaMini Rolls</i> <i>Ham & Cheese Biscuit Melt</i> <i>Taco/Nacho Bar</i> Popcorn Chicken & Roll	<i>Biscuit & Gravy</i> <i>Cinnamon French Toast</i> PIZZA DAY Beef & Bean Burrito
SCHOOL HOLIDAY LABOR DAY	<i>Ham & Cheese Biscuit Melt</i> Poptart MASHED Potato Bar Beef Enchiladas & Mexican Rice	<i>Country Chicken Biscuit</i> <i>Smoothie: Strawberry Grape</i> GRILL DAY! Chicken & Mashed Potato Bowl	<i>Vanilla Glazed Donut</i> <i>Maple Pancake Sausage</i> <i>Wrap on a stick</i> <i>Taco/Nacho Bar</i> Pizza Maxx Sticks & Marinara	<i>Cherry Frudel</i> <i>Egg & Cheese Biscuit Melt</i> PIZZA DAY BBQ Pork Riblet Sandwich
<i>Biscuits & Gravy</i> <i>Cinnamon French Toast</i> GRILL DAY! Corn Dog	<i>Waffles & Syrup</i> <i>Breakfast Sausage Pizza</i> <i>Baked Potato Bar</i> Chicken Tenders & Roll	<i>Sausage & Cheese Scrambled Eggs & Tater Bites</i> <i>Cheese-Stuffed Breadstick</i> GRILL DAY! Beef Lasagna & Garlic Toast	<i>Strawberry Splash Pancakes</i> <i>Egg, Sausage & Cheese Sandwich</i> <i>Taco/Nacho Bar</i> Ham & Cheese Sub	<i>Muffin</i> <i>Country Chicken Biscuit</i> PIZZA DAY Chili Cheese Dog <small>End of 1st Grading Period</small>
<i>Apple Frudel</i> <i>Egg & Cheese Biscuit Melt</i> GRILL DAY! Chicken Alfredo Penne & Breadstick <small>Beginning of 2nd Grading Period</small>	<i>Cinnamon Roll</i> <i>Sausage Kolache</i> MASHED Potato Bar Breaded Chicken Sandwich	<i>Cheesy Omelet & Tater Bites</i> <i>Breakfast Sausage Pizza</i> GRILL DAY! Chicken Fajita Quesadilla	<i>Muffin & Yogurt</i> <i>Egg, Ham & Cheese Pancake Griddle Sandwich</i> <i>Taco/Nacho Bar</i> Chicken Fried Steak Sandwich	<i>Cinnamon French Toast</i> <i>Country Chicken Biscuit</i> PIZZA DAY Sloppy Joe
<i>Egg, Ham & Cheese Burrito</i> <i>Maple Pancake Sausage</i> <i>Wrap on a stick</i> GRILL DAY! Pizza Maxx Sticks & Marinara	<i>Bfast Sausage Quesadilla</i> <i>Sausage Kolache</i> <i>Baked Potato Bar</i> Southwest Meatloaf w/Gravy & Roll	<i>Sausage & Cheese Biscuit Melt</i> <i>Cherry Frudel</i> GRILL DAY! Grilled Cheese	<i>Vanilla Glazed Donut</i> <i>Sausage Breakfast Pizza</i> <i>Taco/Nacho Bar</i> Chicken Drumstick & Roll	<i>Maple Burst Pancakes</i> <i>Egg & Cheese Biscuit Melt</i> PIZZA DAY Chili Fries & Roll
<i>Sausage & Cheese Frittata</i> <i>Country Chicken Biscuit</i> GRILL DAY! Chicken Nuggets & Roll	<i>Vanilla Glazed Donut</i> <i>Egg, Sausage & Cheese Sandwich</i> MASHED Potato Bar Meatball Sub	<i>Egg, Ham & Cheese Burrito</i> <i>Breakfast Sausage Pizza</i> GRILL DAY! Chicken Parmesan & Spaghetti w/Marinara & Breadstick	<i>CinnaMini Rolls</i> <i>Ham & Cheese Biscuit Melt</i> <i>Taco/Nacho Bar</i> Popcorn Chicken & Roll	<i>Biscuit & Gravy</i> <i>Cinnamon French Toast</i> PIZZA DAY Beef & Bean Burrito
SCHOOL HOLIDAY Staff Development	<i>Ham & Cheese Biscuit Melt</i> Poptart MASHED Potato Bar Beef Enchiladas & Mexican Rice	<i>Country Chicken Biscuit</i> <i>Smoothie: Strawberry Grape</i> GRILL DAY! Chicken & Mashed Potato Bowl	<i>Vanilla Glazed Donut</i> <i>Maple Pancake Sausage</i> <i>Wrap on a stick</i> <i>Taco/Nacho Bar</i> Pizza Maxx Sticks & Marinara	<i>Cherry Frudel</i> <i>Egg & Cheese Biscuit Melt</i> PIZZA DAY BBQ Pork Riblet Sandwich

ROSCOE ISD MIDDLE & HIGH SCHOOL 2020-2021

BREAKFAST
Students FREE
Adults \$2.00

LUNCH
Students \$2.20
Adults \$3.35

This institution is an equal opportunity provider.

EXTRAS	
Extra Entrée	\$2.25
Fresh Fruit/Veggies	\$1.50
Chips (assorted)	\$1.00
Cereal Bars (assorted)	75¢
Pop Tarts (assorted)	75¢
CheX-Mix/Goldfish (assorted)	75¢
Rice Krispies (variety)	75¢
Cookie Variety (assorted)	50¢
Brownie Cookie	75¢
Parfait (assorted)	\$1.50
Ice Cream	\$1.25
Bottled Water	\$1.00
Capri Sun (assorted)	\$1.00

Items are à la carte and may be purchased in addition to a cafeteria lunch or a lunch from home. You may also send restrictions for your student. "Extras" may be purchased with cash or your account. They may NOT be charged.

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GRILL DAY! Hamburger Cheeseburger Chicken Sandwich	Baked or MASHED Potato Bar Baked or MASHED Potato Chili • Ham • Taco Meat Broccoli • Sour Cream	GRILL DAY! Hamburger Cheeseburger Chicken Sandwich	TACO/NACHO BAR Beef or Chicken Hard Shells or Tortillas or Chips	PIZZA check out the weekly special
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EVERYDAY SIDES (available seasonally, items rotate each day) Apple • Applesauce • Baby Carrots • Baked Beans • Banana • Broccoli (steamed or fresh) • Cantaloupe Celery Sticks • Collard Greens (steamed) • Cucumber & Tomato Salad • Cucumber Slices • Diced Peaches • French Fries • Grapes • Green Beans • Kickin' Pinto Beans • Mandarin Oranges • Mashed Potatoes • Mixed Fruit Cup • Orange Glazed Carrots • Pears • Peas & Carrots • Mixed Veggies • Pineapple • Red Pepper Strips • Romaine Side Salad • Seasoned Corn • Sweet Potato Fries • Steamed Squash • Tater Bites • Tomato slices • Watermelon • Zucchini (roasted or fresh) | **DRINKS** Apple Juice • Fruit Juice • Grape Juice • Orange Juice • Skim Milk • Skim Chocolate Milk • Strawberry Milk

THE LUNCH PROGRAM The "Offer Vs Serve" Lunch Program was designed by the federal government to eliminate food waste. This program requires each student (K-12th grade) to choose at least 3 of the 5 components each day. Their choices must include 1 fruit and/or vegetable and at least two more of the items offered. We encourage them to take all five items each day. Lunch serving consists of: Entrée (meat/meat/alternates), fruits, vegetables, grains/breads, assortment of low-fat milk.